



SFA Spotlight - February 2019

Welcome to our newsletter! Please be on the lookout for this newsletter every month as a way to keep you more involved and engaged with information important to the SFA community.

Please be sure to include info@curesarcoma.org in your address book. If you do not wish to receive this email on a monthly basis, please [contact us](#).





2019 WALK/RUN LINEUP

Atlanta - April 13
Cleveland - June 9
Pittsburgh - June 29
Milwaukee - July 13
Louisville - August 17
Denver - August 25
Philadelphia - September 8
Kansas City - September 15

We will also be returning to the following cities:

Nashville * St. Louis * Chicago
New Jersey * Tampa * Richmond * San Francisco

WWW.RACETOCURESARCOMA.ORG

It's time to starting gearing up for the 2019 Race to Cure Sarcoma series! In addition to returning to all of the cities from 2018, we are excited to head to Louisville for their inaugural event! More information on dates, locations, and registration details will be shared in the very near future. To get more information, sign up, donate, or become a sponsor, visit www.racetocuresarcoma.org.

Registration is now open for events in [Atlanta](#), [Cleveland](#), [Pittsburgh](#), and [Milwaukee](#).



SFA Announces New Online Sarcoma Patient Community: Sarcoma Connect

The Sarcoma Foundation of America is excited to announce that we have partnered with Inspire to bring a new online support community to sarcoma patients, survivors, and caregivers. Sarcoma Connect provides a secure space where those impacted by sarcoma can anonymously chat, share experiences, ask questions, and receive support from those who understand what they are going through.

We invite you to join the discussion, find support, and connect with others at www.inspire.com/groups/sarcomaconnect/.



Volunteer Profile: Thomas Rank

By Thomas Rank, Guest Contributor

Why do I ride? On a warm day in the summer of 2015, I arrived at my first cross country practice. The team always met at the local park shelter before practice where the summer breeze would often compliment the harmonious symphony of chatter and laughter between teammates. Suddenly, the talking would cease and our coach, who in his own right is a great man and leader, would begin his speech about the daily agenda. While listening, I couldn't help but notice Ben Harmon have a smile across his face. He raised his hand and said, "Coach your mouth does more running than your legs!" Silence. Followed by an uproar of laughter and a slight smile from our coach. This was my first experience with Ben and that's when I knew I'd become friends with him. That was Ben though, continually thinking, always bringing people together, all with a touch of mischief. Over the years, Ben and I became close friends; whether it be playing basketball with friends at a local elementary school, or messing around during practice, we always managed to have fun. Ben was renowned for his antics and stunts, running across the football field during a televised game or leading us to climb over a frozen river instead of running. All of these things had one thing in common, they brought people together. This was before the cancer, the fight,

and the unimaginable struggles he had to endure. Throughout his fight, he continued to bring our community together with his positivity and optimistic perspective on life during those difficult times. At one point he told his loved ones, "I'm glad that I'm going through this and none of you." He was conscientious, wise, and special. Most importantly, he was my friend.

[Continue Reading...](#)

In March, Thomas will hold the "Strive to End Sarcoma" charity bike ride to honor two incredible individuals: Ben Harmon and Tyler Trent. Both of their stories are similar - they attended Purdue, fought cancer, and remained positive through great adversity. The mission for the ride is to spread awareness of their stories while continuing to spread hope to anyone whose facing difficult obstacles. The ride will begin on March 8, 2019, at 8:00 AM starting in Avon Town Hall Park and ending at Indiana Dunes State Park. For more information or to make a donation, visit www.curesarcoma.org/event/strive-to-end-sarcoma-charity-ride.

Join us for our annual celebration featuring a silent auction, dining and dancing.

THURSDAY, MAY 9, 2019
6:00PM - 10:00PM

Sarccoma **SFA**
Foundation of America
finding the cure in our time

**STAND UP TO
SARCOMA**

Sarcoma Foundation of America's
17th Annual Fundraiser

GUASTAVINO'S 409 EAST 59TH STREET, NEW YORK CITY COCKTAIL ATTIRE



Our mailing address is:

9899 Main Street, Suite 204, Damascus, MD 20872

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).